

SCENARIO 1: FATIGUE

Megan and her friends decide to drive south for Leavers. At leavers they are meeting new people, staying up late every night, plus being encouraged to drink alcohol. At the end of the week Megan and her friends haven't had much sleep. They pack up Megan's car and get ready for their trip back to the city, which will be roughly 3-4 hours. Megan has commented on how tired she is and that she is dreading the drive home. All of her friends say nothing, get into the vehicle and fall asleep within the first 30 minutes of the journey home.

List the possible consequences if Megan decides to drive while fatigued.

Death to yourself or someone else involved in crash
serious injuries to yourself or someone else involved in crash
damages to vehicle
Court fees, maybe jail time
license disqualification
Mental illness

What should the passengers do to keep themselves and their friend's safe in the vehicle?

Stay an extra few hours, so Megan can rest
Plan your journey home including rest stops
As a passenger don't be distracted, stay focus and alert
talk to driver
Swap drivers, on the condition insurance policy will allow friends to drive your car. (open driver insurance policy)
Speak up, if you feel your driver needs to rest

SCENARIO 2: DRIVING AT NIGHT

Tom, Lucy and Jarrod are driving to leavers. Tom is driving; it's around 6pm and the sun is starting to set. Their destination is 2 hours away. Lucy and Jarrod are getting impatient. They are continuously calling their mates at the destination and trying to encourage Tom to drive faster, so they will arrive earlier.

What could Tom or the passengers do to reduce the chances of a crash?

Stick to the speed limit or drive to the conditions.
passengers to avoid calling their friends, stay focused and alert.
Stop a few rest areas to help driving feeling fatigued
passengers to be patient

What hazards might confront Tom while driving on a country road at night?

wildlife
pot holes or uneven road surfaces
narrow roads
lights from other vehicles
road trains
other vehicles driving way below the speed limit
weather- rain or wind

SCENARIO 3: FATIGUE

Brooke is driving her 3 friends to leavers. Due to a vehicle breakdown, caused by a flat tyre, the drive is taking longer than expected. There is only 30kms to go and Brooke is getting tired. Brooke is aware that she is feeling fatigued. There are other licenced drivers in the car.

List the signs of fatigue:

yawning and sore or heavy eyes

slower reaction times.

daydreaming

not engaging in conversation

driving speed creeps up or down.

impatience.

impaired driving performance such

as

poor gear changes.

Let's plan our journey to and from leavers:

Departing time: 9am How far is the Journey? 2 hours 50 minutes How often will we stop? 3 times

Drivers: Lucy and Jasmine How many Kilometres will each driver drive?
40 minutes swap drivers

Passenger's responsibilities: Stay alert and no distractions

Other ideas: Passengers or driver to speak up if feeling unsafe throughout drive. Follow the road rules.

What are the possible consequences if Brooke continues to drive?

Car crash someone passes away

Serious injury to driver or passengers

or other people

license disqualification

mental health emotions

damages to vehicle

What could Brooke and the passengers do to decrease the likelihood of a crash?

stop at rest areas,

driver to have 15 minute power nap

swap drivers (on condition driver has

correct license to drive the vehicle) and

insurance policy will allow person to drive

the vehicle

eat

SCENARIO 4: DISTRACTIONS

Matt and three mates are heading down south to Leavers. Matt is focusing on the road, being a responsible driver while his mates are enjoying the ride. A passenger in the vehicle receives a Snapchat message from friends already at their destination. This passenger is encouraging Matt to look at the Snapchat.

List possible consequences if Matt takes his eyes off the road to look at the Snapchat?

- Death or serious injury to yourself or someone else involved in crash
- damages to vehicle
- Court fees, maybe jail time, license disqualification
- loss of friends, impact on family members
- Mental illness

What should the other passengers do to help keep themselves and their friend's safe in the vehicle?

- Don't distract driver
- stay focused and not encourage driver to look at mobile
- Pull over if driver would like to see snap chat or any other social media information

List other distractions in a vehicle that could contribute to a car crash?

- passengers talking loud
- passengers talking on their mobile phones
- loud music
- engaging in conversation using blue tooth/handfree
- fighting or joking around
- taking photo's using camera or mobile phone
- throwing food around
- drunk or drugged passengers

As a passenger in a vehicle, what could you do to prevent a crash?

- Encourage driver to drive safe
- Encourage other passengers to not distract driver
- Help navigate your journey
- Stay focused and alert
- Speak up if your driver is showing signs of stress from distractions or looking fatigued.

SCENARIO 5: ALCOHOL AND DRUGS

Nathan, Andy and Dylan are at Leavers. The boys have just woken up after a good night out. Nathan drunk a lot of alcohol the night before and has just taken a Panadol to get rid of his headache. Andy and Dylan decide they want to go for a drive to find other school mates staying an hour's drive away. They talk Nathan into driving. They hop into Nathan's vehicle. None of the boys have had much sleep.

List the effects on driving with having alcohol or drugs in your system?

Reaction time will be slower

Impaired vision

Coordination - Reduces the ability to do more than one thing at a time

confidence - will increase, you may take more risks

concentration - difficult to concentrate or focus on driving

drowsiness - you will feel fatigued

What could be the consequences if Nathan chooses to drive?

Loss of life to yourself or an innocent person

Injury to yourself or an innocent person

Insurance difficulties- Most insurance companies will not cover drivers that are over the BAC limit

Fines and maybe jail time

Loss of job

Loss of friends

mental health

What alternate, safer options do the boys have in this situation?

Stay at accommodation and visit mates when your driver has a BAC is 0.00%.

Ask mates to visit them on condition their driver has a BAC 0.00%

Use public transport that is organized for leavers.