



RAC
**ROAD
READY®**

**ON THE ROADS
PROGRAM**

Year 10-12 road safety education



For the better

WHAT IS THE ON THE ROADS PROGRAM?

RAC Community Education's On the Roads program* can help you to deliver road safety education in your school. The program is designed to help keep students safe on the roads by influencing risk reduction, increasing resilience and encouraging responsible behaviour.

The program consists of several interactive road safety workshops (each 45 - 60 minutes in length), a youth road trauma awareness event (RAC bstreetsmart) as well as other supporting resources.

The program is provided free to schools throughout Western Australia.

*The On the Roads program was previously known as the Resilient Driver's program.





HOW DOES THE PROGRAM LINK TO WA CURRICULUM?

RAC encourages schools to follow a safe system approach to road safety. A safe system approach involves collaboration between schools, home and the local community as the most effective approach to road safety education.

The On the Roads program should be utilised as part of a safe system approach to road safety education in your school community. Refer to the 'Partners' section at the end of this document for complementary road safety education providers.

Road safety education fits within the 'Personal, Social and Community Health' Strand of the Health and Physical Education learning area of the Western Australian Curriculum and is best delivered in a cross curricula context.

The key Sub Strand and Content Description related to road safety from the Year 10 Health and Physical Education learning area can be found in the following table.

SUB STRAND	CONTENT DESCRIPTION
Being healthy, safe and active	<ul style="list-style-type: none">> Skills and strategies to manage situations where risk is encouraged by others> Analysis of images and messages in the media related to: alcohol and other drugs; road safety; relationships
Communicating and interacting for health and well being	<ul style="list-style-type: none">> Skills and strategies to promote respectful relationships, such as: appropriate emotional responses in a variety of situations; taking action if a relationship is not respectful; appropriate bystander behaviour in physical and online interactions> Critical health literacy skills and strategies, such as: evaluating health services in the community; examining policies and processes for ensuring safer behaviours
Contributing to healthy and active communities	<ul style="list-style-type: none">> Health campaigns and/or community-based activities designed to raise awareness, influence attitudes, promote healthy behaviours and increase connection to the community

RAC IN CLASS WORKSHOPS

PRESENTATION 1: BACK SEAT DRIVER

TARGET AUDIENCE: YEAR 10 STUDENTS

This workshop highlights the role of young people as passengers in vehicles. It provides an opportunity for students to explore and identify the part they play whilst travelling in a car.

We discuss:

- > The role of passengers in vehicles.
- > Strategies for travelling safely in vehicles.
- > Information and activities on speed, seatbelts, fatigue, alcohol, drugs and distractions.

PRESENTATION 2: BUYING A CAR

TARGET AUDIENCE: YEAR 10 TO 12 STUDENTS

Buying their first car is an exciting and memorable moment for any young driver. This workshop provides students with an opportunity to reflect on the important considerations when purchasing a vehicle.

We discuss:

- > The importance of purchasing a safe vehicle - ANCAP, Used Car Safety Ratings.
- > Contracts, insurance, registration and PPSR checks.
- > free2go membership.

PRESENTATION 3: DRINK, DRUGS AND DRIVING

TARGET AUDIENCE: YEAR 11 AND 12 STUDENTS

This workshop focuses on the effects of alcohol and drugs whilst driving. Students are given the opportunity to participate in hands-on activities and experiment with fatal vision goggles.

We discuss:

- > The effects of alcohol and drugs whilst driving.
- > Standard drinks and the different effects on individuals.
- > The law in regards to alcohol, drugs and driving.
- > Decision making strategies to help students travel home safely.

PRESENTATION 4: MY DECISIONS, MY DESTINATION

TARGET AUDIENCE: YEAR 11 AND 12 STUDENTS

An activity based workshop developed to increase student understanding of the impacts their driving choices can have on their lives and the lives of those close to them.

We discuss:

- > The impact of road trauma - the ripple effect
- > The aspects of life that can be affected by road trauma.
- > The decisions that people make and how these can impact upon their lives.

PRESENTATION 5: TOWARDS ZERO

TARGET AUDIENCE: YEAR 10 TO 12 STUDENTS

This workshop provides students with an understanding of the importance of general road safety and how they can help make our roads safer.

We discuss:

- > The International Decade of Action and the WA Towards Zero strategy.
- > How different road users (cyclists, pedestrians, passengers and drivers) can take action to help lower the road toll.
- > The physical impacts which occur in a car crash.

PRESENTATION 6: KEYS FOR LIFE

A WORKSHOP FOR PARENTS AND YOUNG PEOPLE

This workshop aims to motivate young people and their parents to work as partners in the learner driver (learning to drive) process, while accumulating extensive hours of supervised driving practice.

This one hour interactive workshop provides information on:

- > The WA Licensing System; including what to expect in the Practical Driving Assessment.
- > The four stages of learning to drive.
- > Tips for successful and safe driving lessons.
- > The role of the supervisor.

FOR MORE INFORMATION

Visit rac.com.au/communityeducation



E & RESCUE - HEAVY RESCUE



ROAD SAFETY EXCURSION

RAC BSTREETSMART

TARGET AUDIENCE: YEAR 10 TO 12 STUDENTS

RAC bstreetsmart is a free youth road trauma event held for school students in Years 10 to 12 to increase the awareness of issues relating to road safety for young people.

The event comprises of a crash scene re-enactment, attended by emergency services personnel, and hearing from guest speakers who have been personally affected by road trauma.

RAC partner with St John Ambulance, Department of Fire and Emergency Services (DFES), WA Police and Royal Perth Hospital (RPH) to deliver this event.

Seating is limited. To register your interest for the next RAC bstreetsmart event please visit racbstreetsmart.com.au

FOR MORE INFORMATION ABOUT THE EVENT

Please contact bstreetsmart@rac.com.au and teacher resources available at racbstreetsmart.com.au/to-do

FEEDBACK ABOUT THE EVENT

"Really moved by what was shown today. Definitely will never text or make a phone call whilst driving. Ever!" - student

"It was a fantastic experience. The re-enactment using young people and real cars and emergency vehicles was very good. It was very relevant having the coroner turn up as well. It should be compulsory for all young people - perhaps even a part of getting L's." - teacher



INITIATIVES

RAC ROAD READY®

TARGET AUDIENCE: 12 TO 21 YEAR OLDS*

The RAC Road Ready® program is a fun and engaging way to talk to students about road safety. RAC Road Ready® teaches them how to keep themselves and their friends safe on and around the roads and encourages responsible behaviour, risk reduction and increased resilience.

The program includes free interactive school workshops, an online digital game and curriculum aligned resources. Students also have the opportunity to sign up to RAC Road Ready® membership for free which includes a welcome pack and access to lots of discounts and benefits.

FOR MORE INFORMATION

Visit rac.com.au/roadready and check out the teacher section of the website or email roadready@rac.com.au

free2go

TARGET AUDIENCE: 17 TO 21 YEAR OLDS

free2go is a membership program with RAC targeting 17 to 21 year old drivers. The membership program offers 12 months of free Standard Roadside Assistance for 17 to 21 year olds, helping them stay safe on the road. Along with this, the program provides up to two subsequent years half price depending on the age you join. As a free2go member you will also receive exclusive benefits and discounts on retail, food, entertainment and fuel.

If you would like to include free2go information with any of the presentations listed in this brochure please enquire when booking and ensure you provide additional time for the workshop booking.

FOR MORE INFORMATION

Visit rac.com.au/free2go

*If you are under 15 years old, you must have your parents/guardians consent to sign up.



PARTNERS

PBF PREVENTION - ROAD PROGRAM

TARGET AUDIENCE: YEAR 10 TO 12 STUDENTS

RAC and the Paraplegic Benefit Fund (PBF) share a strong commitment to road safety and work closely to communicate road safety messages to the Western Australian community. RAC supports PBF to deliver an innovative and powerful road safety program that encourages young people to make safer choices about road use.

Facilitated by people who have sustained a spinal cord injury through a road trauma event, the PBF Prevention - Road program provides a first-hand account of the emotional, life-changing and enduring impact that a serious road crash has and assists students in identifying risk reducing strategies.

RAC and PBF work together to enhance the delivery of education to pre-drivers and novice drivers by encouraging schools to take a coordinated and program based approach to their road safety education. Schools who have booked an RAC Community Education Incursion (as listed in this brochure) in the calendar year are entitled to a free PBF presentation.

To take advantage of this presentation call PBF directly on 9388 3366.



SCHOOL DRUG EDUCATION AND ROAD AWARE

Parents play a key role in the learn to drive process and in promoting positive road user attitudes.

RAC and SDERA work in partnership to deliver the Keys for Life Workshop for Parents and Young People.

The Keys for Life Workshop for Parents and Young People is an initiative of SDERA's Keys for Life Pre-driver Education program and delivered by RAC in metropolitan locations and by SDERA consultants in regional areas. This one hour session informs parents about the licensing system, reducing stress while teaching their teenager to drive and the importance of supervised driving practice.

SDERA's Keys for Life program is a comprehensive and evidence-based road safety program for pre-drivers and learner drivers in Years 10 to 12. RAC and SDERA recommend that schools implement Keys for Life to help students develop positive road safety attitudes and to enhance other driver education initiatives being delivered at the school. Keys for Life is available for students in all Western Australian schools with free resources and costs covered by SDERA.

School Drug Education and Road Aware (SDERA) is the WA State Government's primary drug and road safety strategy. SDERA supports schools and the wider community in the provision of best practice resilience, drug and road safety education for young people.

For more information go to sdera.wa.edu.au or contact SDERA on 9402 6415 or sdera.co@education.wa.edu.au

HOW TO MAKE A BOOKING

Contact the RAC Community Education team
on 9436 4471, email communityeducation@rac.com.au
or visit rac.com.au/communityeducation