

Take action for healthier air - Project

Activity 2 - Show how you are taking action

Now that you have planned out your action steps and decided what tasks you will do and when you will do them, use the checklist below to make sure you are on the right track.

A checklist for my healthier air project

- I have finalised my action steps with my family and my class
- I have asked a parent or guardian if I can carry out some of my actions safely at home
- I have discussed with my class what we will do at school to help educate the school community about healthier air
- I have planned when each task will take place
- I have considered and planned for the resources I'll need to record my results

Any other notes to consider

My project journal

Create a journal that you can use to document your project and the actions you take. The 6 steps below is a suggested way to organise your journal and you can use the attached templates, or create your own versions.

<p>1. Cover page</p> <p>The cover page should include your name, your school, your class and what your project is about.</p> <p>In the spare space, draw a picture of what healthy air means to you.</p>	<p>2. Contents page</p> <p>The contents page can be completed at the end of your project, as some parts of your journal may use more than 1 page.</p>	<p>3. My goals</p> <p>Using your planner from activity 1, summarise your goals for this project.</p> <p>List what you will do, what your family will do, and what your class will do to take action for healthier air.</p>
<p>4. Daily reflection</p> <p>You can choose to take photos, draw or write about the tasks that you did, how you did them and why they were successful.</p> <p>Get an adult to sign off on your tasks to prove that you have done them safely!</p>	<p>5. End of project reflection</p> <p>At the end of your project, record what you have learnt from your action steps. You may want to talk about what worked and what didn't, as well as what effect it had on you, your family, or your community.</p>	<p>6. Ways for others to take action</p> <p>Reflect on what actions worked and what was most effective. Think of ways to spread these ideas as a message to others so they can take action for healthier air.</p> <p>Some examples may be a news story, TV advertisement or a poster.</p>

Take action for healthier air

My Project Journal

Name:

Class:

School:

Contents

_____ Page: _____

_____ Page: _____

_____ Page: _____

_____ Page: _____

_____ Page: _____

_____ Page: _____

My goals

Healthier air means

What I will do
(eg. Ride a bike to school)

What my family will do
(eg. Walk to the shops instead of taking the car)

What my class will do to teach others
(Ask your teacher or discuss with your class)

Daily Reflections

What I did

Day: Time: How long this task took:	What I did:
(Insert photo/illustration)	Do you think this helped make the air healthier? _____ Were you able to complete this task? _____
Parent/Teacher sign off:	What would you suggest in the future for other people doing this task? _____ _____

Day: Time: How long this task took:	What I did:
(Insert photo/illustration)	Do you think this helped make the air healthier? _____ Were you able to complete this task? _____
Parent/Teacher sign off:	What would you suggest in the future for other people doing this task? _____ _____

Daily Reflections

What my family did

Day: Time: How long this task took:	What we did:
(Insert photo/illustration)	Do you think this helped make the air healthier? _____ Were you able to complete this task? _____
Parent/Teacher sign off:	What would you suggest in the future for other people doing this task? _____ _____

Day: Time: How long this task took:	What we did:
(Insert photo/illustration)	Do you think this helped make the air healthier? _____ Were you able to complete this task? _____
Parent/Teacher sign off:	What would you suggest in the future for other people doing this task? _____ _____

Daily Reflections

What my class did

Day: Time: How long this task took:	What we did:
(Insert photo/illustration)	Do you think this helped make the air healthier? _____ Were you able to complete this task? _____
Parent/Teacher sign off:	What would you suggest in the future for other people doing this task? _____ _____

Day: Time: How long this task took:	What we did:
(Insert photo/illustration)	Do you think this helped make the air healthier? _____ Were you able to complete this task? _____
Parent/Teacher sign off:	What would you suggest in the future for other people doing this task? _____ _____

End of project reflection

Here are 3 things I have learnt from taking action for healthier air

1.

2.

3.

What tasks did you enjoy doing?

Were there some tasks that were a bit hard to do?

Why do you think we need healthier air?

How others can take action

What were the most effective actions you, your family and your class took to help make the air healthier? Why were they effective?

Below are some other ways people can take action for healthier air

Children can

Safely walk or use a bike to get around the neighbourhood

Learn to take public transport safely

Teach their friends and family about the benefits of keeping the air healthy

Help adults look after the garden, as trees and plants can help keep the air clean

Adults can

Choose an electric vehicle or a hybrid vehicle when considering a new car

Make changes at home as a family that will help keep the air healthy in your neighbourhood

Use a private vehicle less and find other ways to get around

Schools can

Encourage parents in cars to turn the engine off when waiting to pick up their children from school

Take part in government and community programs that encourage and teach people about healthier air

Encourage other classes at your school to take part in this healthier air education program

Take it further

Now that you have ideas on what people can do to keep the air healthy, why not spread the message? You can do a poster, write a letter to a member of parliament or use the guide on the following page to do a student-led exhibition for your school community.

Set up a student-led exhibition (group activity)

One effective way to show your school community what you have learnt is through an interactive exhibition. You may want to invite your parents, friends, and classmates to view your exhibition.

Use this checklist to help prepare for the exhibition as a group. Exhibitions can take a lot of planning and preparation so be sure to work together as a team!

1. Decide what items you will include and how you will display them

You could include items like Journals, action highlights, photos, videos, and resources you have used.

You may choose to display them by creating posters, PowerPoints, or physical displays.

2. Decide who will do what

As a team, decide what tasks need doing.

Plan who will be responsible for each task and when each task should be completed by.

3. Plan who is going to talk

Plan who will say what and when.

How will you introduce your project?

Who will talk about each element?

Who will conclude the project?

4. List your resources

Make a list of the websites, books and other resources have used.

Showing where you sourced your information from is important.

5. Plan the design and set up

Find out how much space you have and what the physical set up will look like.

Consider what resources are needed, for example, laptops for PowerPoint presentations or art supplies for posters.

6. Rehearse and record your exhibition

Before the exhibition, make sure your group practices their roles, whether that is speaking roles or demonstrating roles.

