

# Take action for healthier air - Planner

## Activity 1 - Let's plan

### Reflect on what you have learnt so far

Using the pictures as clues, fill in the blank words in each statement. Then, in your own words, write down one thing you have learnt so far about healthier air.



W\_\_\_\_\_ keeps me healthy and does not pollute the air



Some c\_\_\_\_\_ that have lots of air pollution use different ways to combat the problem



Using the t\_\_\_\_\_ can help reduce air pollution



Riding in a c\_\_ is faster but it can cause some air pollution



Unhealthy air can be bad for a \_\_\_\_\_ as well as humans



Smog is a mixture of s\_\_\_\_\_ and other pollutants in the air



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**For the better**

Below are some of the reasons why it is important to have healthier air where we live. Match the reasons with the pictures.



Healthier air means we can walk and play outside while breathing in cleaner air

Healthier air means our roads aren't full of traffic because people find cleaner ways to get around

Healthier air means our cities have less pollution so we can live healthier lives

## Think about what can be done

Choose one of the reasons from the activity above and write it below. With your chosen reason in mind, write or draw what you can do, what your family can do and what your class can do to keep the air healthy.

Healthier air means

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What I can do

(eg. Ride a bike to school)

What my family can do

(eg. Walk to the shops instead of taking the car)

What my class can do to teach others

(Ask your teacher or discuss with your class)

## Plan your action

Now that you have thought about what can be done to keep the air healthy, it's time to plan your action! Talk to your family and class and brainstorm ideas before agreeing on what you will do, when you will do it and how you will show you did it!

### What I will do

<b>What I will do</b> (e.g Ride a bike to school)	<b>When I will do it</b> (Day and time)	<b>How will you show this?</b> (e.g Take a photo, write a journal entry, draw a picture, etc)

### What my family will do

<b>What my family will do</b> (e.g. Walk to the shops instead of taking the car)	<b>When we will do it</b> (Day and time)	<b>How will you show this?</b> (e.g Take a photo, write a journal entry, draw a picture, etc)

### What my class can do to teach others

<b>What my class will do</b> (Ask your teacher or discuss with your class! )	<b>When we will do it</b> (Day and time)	<b>How will you show this?</b> (e.g Take a photo, write a journal entry, draw a picture, etc)

## My plan of action to keep the air healthy

Below is a weekly calendar that you can use to map out what actions you will do and when. Get a teacher, parent, or guardian to help you with this. To help you remember your tasks throughout the week, put this up in your classroom, or at home on your fridge or your bedroom door!

**Remember** to ask a teacher, parent, or guardian for permission before doing your tasks!

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday

**What tools will I need to help me record my actions and show that I have completed them? (e.g. camera to take photos)**

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