

Fatal factors on the road - Distraction

- 1. True.
- 2. Visual, auditory, physical and cognitive.
- 3. Stress/overthinking or engaging in deep conversations.
- 4. Research suggests that our brains are trying to cope with a lot of stimulation, with mobile phone use playing a part. Known as Busy Brain Syndrome.
- 5. Busy Brain Syndrome.
- 6. Yes, if they were caught being distracted by their phone they could gain up to 4 demerit points. 4 demerit points would be an automatic loss of license for an L.
- 7. So the driver will not get distracted to change the song or the settings of the car while driving.
- 8. \$1000 fine and 4 demerit points.
- 9. Ideas may include turn your phone off, choose music settings before driving, check GPS or map to know what's ahead, etc.



Contact us at schooleducation@rac.com.au

RAC's School Education is committed to delivering road safety education in Western Australia. We have designed programs to keep students safe on the roads by influencing risk reduction, increasing resilience and encouraging responsible behaviour. We deliver free interactive road safety workshops in schools and a youth road trauma awareness event in metropolitan Perth (RAC bstreetsmart) and regional WA (Project Road Smart).

