



Bicycle, Scooter & Skateboard Safety

Upper Primary

Activity 2: Cycling cloze activity

Using the word bank, fill in the blanks in the passage below about cycling and the importance of wearing a helmet.



Word Bank: 4 footpath air single pedestrians helmet

Cyclists of all ages can ride on the _____ a __ in Western Australia. When riding on the footpath or a shared pathway, cyclists must ride _ i _____ file and give way to __ d _____. Cyclists are also allowed to ride on cycle paths which are only for bicycles. As a bicycle rider, you should always signal if you are going to stop, turn or move past another cyclist or pedestrian.

Before going for a ride on your bicycle, it is important to check that your _____ e _ fits correctly. Your helmet can be checked using the 2 - 4 - 1 guide. 2 fingers above your eyebrows, _ fingers to make Vs at your ears, and 1 finger between your chin and the strap.

Next, you must check the safety A - B - C's of your bicycle.

Are the tyres filled with __ r? Do your brakes work? Is your chain running smoothly?

If the answer is **"YES!"** to all the questions, it's time to ride!

In the space above, illustrate one of the sentences from the passage. Feel free to include labels too!



For the better