

# Organ donation activities

## Activity 1: Heads and Tails – you have a choice?

- › Students stand and have to select heads or tails (placing their hands on their heads or hands on their hips/tails) for the following questions:
  - What football team would you follow West Coast (heads) or Dockers (tails)?
  - Which is a better computer, Apple Mac (heads) or PC (tails)?
  - Where would you eat dinner, McDonald's (heads) or Hungry Jacks (tails)?
  - Would you donate old clothes to a charity (heads) or throw them in the bin (tails)?
- › Sometimes the choices that we make are out of our hands, for example is it going to rain today. However, if you do some research (e.g. look on the internet, watch the news etc.), this research allows you to make an informed decision as to whether you need to take an umbrella.
- › So heads or tails, donate your organs (heads) or don't donate your organs (tails)
- › If you are under 18 your family ultimately have the final choice if they donate your organs after death or not. It is really important that you voice your choice so your family can follow your wishes.

## Activity 2: What are the myths surrounding organ donation?

- › Students are to get into groups and are given a myth to research. The following website is a great resource to start their research - <https://donatelife.gov.au/about-donation/get-facts/myths-and-misconceptions>

## Activity 3: Why is donating beneficial?

- › Students are to watch the 'What are you waiting for?' video link below <https://donatelife.gov.au/resources/multicultural-and-faith-communities/videos>
- › Donating your organs is a very personal thing; I would like you all to write a pros and cons list. Maybe this will help you decide what option is best for you. Remind students that once they have made a decision be sure to discuss this with their family.
- › Once discussing the pros and cons list in class, students can watch the next video called 'Donating Life.' In 7 minutes, students will hear from three families who have been involved in organ donation. The link can be found here - <https://donatelife.gov.au/resources/donatelife-week/videos>
- › At the end of the activity, discuss with students these points - If your family must make a decision to donate or not to donate your organs, this unfortunately means that you are brain dead. Many people around the world are killed in car crashes and their families decide to donate their loved one's organs. Ultimately these families would prefer to have them alive and well. Discuss what you could do to prevent your family having to make this heartbreaking decision because of the consequences of a car crash?