



Pre main lesson plan

Topic: Road Safety

Year level: 3

Title: Safety Rules

Duration: 60 minutes



Western Australian Curriculum links

Health and Physical Education

Strand: Personal, Social and Community Health

Sub-strand: Being healthy, safe and active

Content:

Assertive behaviours and communication skills to respond to unsafe situations, such as:

- seeking help
- keeping calm

Content:

Actions in daily routines that promote health, safety and wellbeing

Sub- strand: Contributing to healthy and active communities

Content:

Ways to be active in natural environments

English

Strand: Literacy

Sub-strand: Interacting with others

Content:

Use interaction skills, including active listening behaviours and communicate in a clear, coherent manner using a variety of everyday and learned vocabulary and appropriate tone, pace, pitch and volume

Humanities and Social Sciences

Strand: Civics and Citizenship knowledge and understanding

Sub-strand: Communities

Content:

Who makes rules, why rules are important and the consequences of rules not being followed

Strand: HASS skills

Sub – Strand: Evaluating

Content:

Use decision – making processes (e.g. share views, recognise different points of view, identify issues, identify possible solutions, plan for action in groups)



Lesson Objectives:

- Students examine the importance of road rules through the use of the chaos circle game
- Students compare safe and unsafe behaviours
- Students list road rules
- Students develop an understanding that without rules there will be chaos

Materials/ Equipment and preparation:

- Cones/Markers – set up markers into a circle (approximately 5 meters in diameter) on a grassed area
- Outdoor area (preferable a grassed area)
- Two sheets of butchers paper with the titles 'Safe Behaviour' and 'Unsafe Behaviour'
- Whiteboard markers
- Electronic whiteboard/computer
- Student workbooks
- Pencils
- Two different coloured post-it note packs
- Access to the following website <http://www.wordle.net/create>
- Access to the following website <https://www.safetytown.com.au/activities/safety-first/>



13mins

Activity 2: Road rules

1. Turn your workbooks to a landscape view
2. Using a ruler draw a vertical line down your page about $\frac{3}{4}$ the way across your book. Draw a horizontal line across the page to create a Heading box (see example below).
3. Write the title 'Road without rules' in the first column. Draw what might happen on our roads if no one follows the rules in the column underneath.
4. In the second column write the title 'Road Rules' then in the column below list all the rules that were broken in the picture you drew.

Road without rules	Road Rules
Draw the 'chaotic' road without rules	Write the rule that has been broken e.g. cyclist was not wearing a helmet

Examples of road rules that could be broken include:

- Car driver didn't stop at a red light
- Using mobile phone while driving
- Cyclist not wearing a helmet
- Driving on the wrong side of the road
- Walking across the road when the pedestrian signal is showing red
- Parking a car in the middle of the road.

Activity 3: Safe vs Unsafe behaviours

If we do not have rules, many people could get hurt. Let's have a look at what it means to be unsafe and safe?

1. Teacher writes two titles on the board: 'Safe behaviour' and 'Unsafe behaviour'.
2. Students are given two different coloured post-it (sticky) notes. On the first post-it note, students are to write three words on how they might feel if they or someone around them are being unsafe.
3. On the back of the post-it notes, students are to give an example of unsafe behaviour around the roads.
4. Complete the same activity on the other post-it notes but rather than unsafe behaviour, students are to think about how safe behaviour feels and a road safety example.
5. Students are to come to the front of the class and share their ideas and examples before placing their post-it notes on the board under the correct heading.
6. Using <http://www.wordle.net/create> the teacher compiles two different word lists. One reflects the words that the student associated with safe behaviours and the other with unsafe behaviours. Project (or display) the list on the whiteboard for students to see.
7. Discuss the lists as a whole class, ensuring that all students have an understanding of difference between safe and unsafe behaviours around our roads

13mins



10mins	<p>Activity 4: Making the community safer</p> <ol style="list-style-type: none">1. Ask the students if they can identify safe people and places around their local area e.g. school and home? Some examples could include pedestrian crossing, traffic warden (lollipop person), traffic light crossing, library, policemen/policewomen, teacher, school etc.2. Using the electronic whiteboard, launch the game from the following website https://www.safetytown.com.au/activities/safety-first/. As a class decide on the safest places to cross the road. If time permits complete some of the other activities on the safety town website.
2mins	<p>Conclusion: <i>It is important to remember that many rules are made to ensure the safety of everyone using our roads. Even if one person breaks the road rules it could mean many other people could get hurt. So, be sure to stick to the road rules, that way everyone will hopefully get to their destination safely.</i></p>