



# Lesson plan

**Topic:** Road Safety

**Year level:** 1

**Lesson title:** Road safety superheroes  
Post-pilot lesson

**Lesson duration:** 60 minutes



## **Australian curriculum links**

### **Health and Physical Education**

**Strand: Personal, Social and Community**

**Sub-strand: Being healthy, safe and active**

Content:

Recognise situations and opportunities to promote health, safety and wellbeing

**Sub- strand: Communicating and interacting for health and wellbeing**

Content:

Identify and practise emotional responses that account for own and others' feelings

### **English**

**Strand: Language**

**Sub-strand: Language variation and change**

Content:

Understand that people use different systems of communication to cater to different needs and purposes and that many people may use sign systems to communicate with others

**Sub-strand: Language for interaction**

Content:

Understand that language is used in combination with others means of communication, for example facial expressions and gestures to interact with others

**Strand: Literature**

**Sub-strand: Examining literature**

Content:

Recreate texts imaginatively using drawing, writing, performance and digital forms of communication

**Strand: Literacy**

**Sub – Strand: Interacting with others**

Content:

Engage in conversations and discussions, using active listening behaviours, showing interest, and contributing ideas, information and questions

Use interaction skills including turn-taking, recognising the contributions of others, speaking clearly and using appropriate volume and pace

### **Digital Technology**

**Strand: Digital Technologies Knowledge and Understanding**

Content:



Identify, use and explore digital systems (hardware and software components) for a purpose


## Lesson objectives


- Students create a Road Safety Superhero using a computer program
- Students recall unsafe road situations and use their new knowledge to create a Superhero to create a safe situation.

## Materials/equipment and preparation

- Computer Lab (students to share computers, if possible students have individual computers)
- Internet access to [http://marvel.com/games/play/31/create\\_your\\_own\\_superhero](http://marvel.com/games/play/31/create_your_own_superhero)
- Printer
- Glue
- Scissors
- Coloured pencils
- Students activity books/files

## Learning activities

Time	Content
5mins	<p><b>Introduction: Recap what the students learnt from previous lesson using the focus questions below:</b></p> <ul style="list-style-type: none"> <li>- Who should we walk to school with? A responsible adult</li> <li>- Where should we cross the road? At a crossing if possible</li> <li>- What are the four things we should do before crossing the road? Stop, look, listen and think</li> <li>- Where should we never cross because cars cannot see us? On a bend or between parked cars</li> </ul>
30mins	<p><b>Activity 1: Students are to create their own road safety superhero.</b></p> <p>Students are required to:</p> <ul style="list-style-type: none"> <li>- Log onto a computer</li> <li>- Create a superhero using <a href="http://marvel.com/games/play/31/create_your_own_superhero">http://marvel.com/games/play/31/create_your_own_superhero</a></li> <li>- Name their road safety superhero</li> <li>- Print their completed superhero</li> <li>- Create a 'road safety themed' saying that their superhero can say</li> <li>- Think of a special power that their superhero can use to help people stay safe around roads</li> </ul>
10mins	<p><b>Activity 2: Students are to cut out their road safety superhero and glue this into their class activity book. Draw a safe road or street background around their superhero.</b></p>
10mins	<p><b>Activity 3: Student are to present their road safety superhero to the class</b></p> <p>Examples:</p> <div style="display: flex; align-items: flex-start;">  <div> <p><u>Name:</u> Road Freeze</p> <p><u>Saying:</u> Freeze your feet! Look left, look right and look left again! Before you move your feet!</p> <p><u>Superpower:</u> Road Freeze blows an icy cold wind to stop people crossing the road before they have completed the Stop, look, listen and think check.</p> </div> </div>

<p>5mins</p>	 <p><u>Name:</u> Little Green Man</p> <p><u>Saying:</u> Green man means WALK, red man means STOP</p> <p><u>Superpower:</u> Little Green Man has long elastic arms that can grab people who are walking onto the road at the wrong time.</p> <p><b>Conclusion: Restate the importance of being careful on our roads.</b></p>
	<p><b>Optional activities:</b></p> <p>Use road safety as a theme for a whole class assembly</p> <ul style="list-style-type: none"> <li>- Students could bring to life their very own real life road safety superheros and spread the road safety message. Using the inspiration of their computer generated superhero students could recreate and become Road Safety Superheroes. Gathering recycled materials, paints, paper etc. student put together a superhero outfit that they can wear at assembly.</li> <li>- Students could sing a road safety song and get other students from the audience to come on stage and demonstrate the correct crossing the road technique or include easy dance moves so the whole audience can join in.</li> </ul> <p>Music can be found at this website:  <a href="http://www.youtube.com/watch?v=aKQ5FdyMFFI">http://www.youtube.com/watch?v=aKQ5FdyMFFI</a></p> <p>Lyrics can be found at this website:  <a href="http://www.musical-playground.com/pdf_image/1230043885Stop%20look%20listen.pdf">http://www.musical-playground.com/pdf_image/1230043885Stop%20look%20listen.pdf</a></p> <p>RAC would love to see some photos or videos of your school spreading the Road Safety message by emailing your assembly activities to <a href="mailto:communityeducation@rac.com.au">communityeducation@rac.com.au</a></p>

**For further road safety learning activities refer to Year 1 Challenges and Choices by SDERA:**

- Focus Area 3: Passenger Safety page 83
- Focus Area 4: Pedestrian Safety page 113
- Focus Area 5: Safety on Wheels page 145