



Main lesson plan

Topic:	Road Safety
Year level:	1
Title:	Pathway to school
Duration:	60 minutes



Western Australian Curriculum links

Health and Physical Education

Strand: Personal, Social and Community Health

Sub-strand: Being healthy, safe and active

Content:

Personal strengths and how these change over time

Strategies to use when help is needed, such as:

- Reading basic safety signs
- Asking a trusted adult

Sub- strand: Communicating and interacting for health and wellbeing

Content:

Positive ways to react to their own emotions in different situations, such as seeking help and remaining calm

English

Strand: Language

Sub-strand: Language variation and change

Content:

Understand that people use different systems of communication to cater to different needs and purposes and that many people may use sign systems to communicate with others

Sub-strand: Language for interaction

Content:

Understand that language is used in combination with others means of communication, for example facial expressions and gestures to interact with others

Strand: Literacy

Sub – strand: Interacting with others

Content:

Engage in conversations and discussions, using active listening behaviours, showing interest, and contributing ideas, information and questions

Content:

Use interaction skills including turn-taking, recognising the contributions of others, speaking clearly and using appropriate volume and pace



Lesson Objectives:

- Students learn the 'Stop, Look, Listen and Think' message
- Students observe and demonstrate, using the RAC game as a learning tool, the correct technique for crossing the road using the 'Stop, Look, Listen and Think' message
- Students identify safe and unsafe road situations

Materials/Equipment and Preparation:

- Computer room/iPads with access to the Internet. Alternatively access to classroom Interactive Whiteboard (IWB)/Smart Board connected to the Internet
- Access to 'RAC Little Legends Club' road safety game at <https://littlelegends.rac.com.au/landing>
- Students to first play Pedestrian Safety and then, time permitting, Bicycle Safety game
- Smart Board/Interactive Whiteboard or projector
- Glue
- Scissors
- Colouring pencils
- Students own workbooks/files/activity books
- Access to YouTube clip 'RACQ Road Safety Lessons - Crossing The Road' <http://www.youtube.com/watch?v=WPe22XLMHZQ>
- Print out class set of 'Crossing the road safely' worksheet



Time	Content
2mins	<p>Introduction:</p> <p><i>“Good morning/afternoon. In today’s lesson we are going learn ‘How to be safe around the roads?’ In the previous lesson (optional RAC pre lesson) we talked about what safe felt, looked and sounded like. What does it mean to be safe?”</i></p>
7mins	<p>Activity 1. Watching YouTube clip ‘RACQ Road Safety Lessons - Crossing The Road’</p> <p><i>“What is the correct way to cross the road (students may or may not know this)?”</i></p> <p><i>“We are going to watch a video about crossing the road safely.”</i></p> <p>http://www.youtube.com/watch?v=WPe22XLMHZQ</p> <p><i>After the video ask students ‘What are the four things you need to remember when crossing the road?’</i></p> <ul style="list-style-type: none"> - Stop on the footpath, a safe distances from the road - Look for cars (and other road traffic) and look for a safe place to cross the road e.g. pedestrian crossing or with the green 'walk' signal at traffic lights - Listen for road traffic e.g. buses, cars, motorbikes, bikes, trains etc. - Think is it safe to now cross the road? <p>Ask students to repeat the Stop with our feet, Look with our eyes, Listen with our ears and Think with our heads.</p>
18mins	<p>Activity 2. Work on activity sheet ‘Crossing the road safely’</p> <p><i>“We are going to complete an activity to see if you can remember the order of how to cross the road safely.”</i></p> <ul style="list-style-type: none"> - Hand out activity sheets, work through the steps on the sheet as a class or individually. <p><i>“We have learnt a lot about crossing the road safely but it is important to remember that you should not be crossing the road without a responsible adult holding your hand. Next time you have to cross the road be sure to STOP, LOOK, LISTEN and THINK.”</i></p>
5min intro	<p>Activity 3. Essential Game Play</p> <p><i>“Let’s see how many of you were listening during the other activities. We are going to play a game on the computers/tablets/IWB. In this game you get to control what the characters do. Some of the characters will encourage you to do a certain task which will help you play the game in a manner that encourages you to be safe around the roads. Be sure to pay attention to any hints that might appear as ‘thought’ bubbles.”</i></p>
25 mins game time	<ul style="list-style-type: none"> - Log onto the game at https://littlelegends.rac.com.au/landing - Start with the ‘Pedestrian’ stage of the game - As the students are playing the game, ask them focus questions such as:



3 mins	<ul style="list-style-type: none">- <i>Tell me about some of the things that your character is doing?</i>- <i>Why are you getting them to do that?</i>- <i>Is your character being safe around the road?</i>- <i>How is your character being safe/unsafe around the road?</i>- <i>What have you learnt from the behaviour of the characters?</i> <p>Conclusion: <i>“Today we have learnt the four special steps to crossing the road safely while walking but how should we cross the road when riding a bike or scooter?”</i></p> <ul style="list-style-type: none">- Stop on the footpath and hop off your bike or scooter- Look for cars (and other road traffic) and look for a safe place to cross the road e.g. pedestrian crossing or traffic lights- Listen for road traffic e.g. buses, cars, motorbikes, bikes, trains etc.- Think is it safe to now cross the road?- Then walk your scooter or bike across the road <p><i>“Well done everyone! Now we can all be safe while around the roads and be sure to tell others to be safe too”.</i></p>
--------	--