



Lower Primary Bike Safety Activities

Here are some activities and resources that you can use to incorporate bike safety into your classroom. They cover topics such as safe bikes, safe riding, riding equipment and provide the associated curriculum links underneath.

English 	Maths 	Science 	Health and PE 
HASS 	Technologies 	The Arts 	

Bike Safety Clothes and Game Lesson

- Discuss with students that, as well as a helmet, they should wear other protective clothing/equipment when riding. This includes bright clothes, closed in shoes, high vis/ fluoro and reflective materials, knee/wrist/ elbow pads. Work through the power point to discuss these through selecting the safe and unsafe clothes for Little Legends characters to wear when they go riding.
- Allow students time to practice becoming 'bike safety ready' by playing the Little Legends Club lower primary 'safety on wheels' game (See 'Lower Primary Game based Lesson' plan for lesson information). They must dress Ash or Chip in appropriate clothing so they are safe when riding their bike, building on discussions had during the power point.

Curriculum Links



- **Digital technologies: Knowledge and Understanding-** Recognise and explore digital systems (hardware and software components) for a purpose ACTDIK001
- **Health and Physical Activity: Being Healthy, Safe and Active-** Strategies and behaviours that promote health and wellbeing ACPPS018

The 'Bike Clothes' song

- Follow on from the previous activity, or do this activity separately to re-inforce the message of appropriate safety clothes to wear when riding. Students can learn and perform the 'bike clothes' song (sung to the tune of 'heads, shoulders, knees and toes' and touching their heads, chest/shoulders, knees and shoes). This item could even be performed as an assembly item or performance piece.

Heads and shoulders, knees and toes

Knees and toes

Knees and toes

Heads and shoulders, knees and toes

We all clap hands together.

Helmet, vest, knee pads and shoes,

Knee pads and shoes

Knee pads and shoes

Helmet, vest, knee pads and shoes

We're now safe for a bike ride!

- **Examining Literature-** Identify, reproduce and experiment with rhythmic, sound and word patterns in poems, chants, rhymes and songs ACELT1592
- **Performance-** Practise of their own and others' music to perform for an audience ACAMUM081
- **Being Healthy, Safe and Active-** Strategies and behaviours that promote health and wellbeing ACPPS018



Bike Safety Vocabulary word wall.

- You can create a word wall using the editable template provided. It has many common words associated with bike safety. As you continue to learn about bike safety, continue to add new words as there are spare templates for new words and the resource is editable. Encourage students to use the new vocabulary. To extend this, applicable words (such as bike, ride, safe) could also be included in student spelling lists.

Resources Provided: <ul style="list-style-type: none">- Editable word document with bike safety vocabulary	Resources Needed: <ul style="list-style-type: none">- Any additional words you want- Space for your word wall
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Expressing and Developing Ideas- Understand the use of vocabulary in everyday contexts as well as a growing number of school contexts, including appropriate use of formal and informal terms of address in different contexts ACELA1454

Being Healthy, Safe and Active- Strategies and behaviours that promote health and wellbeing ACPPS018